# Coaching at Work Course



#### **About**

The Coaching at Work course equips leaders with essential coaching skills to develop and empower their teams effectively. Participants will learn coaching principles, feedback techniques, and how to create a supportive environment for growth. Through practical exercises and case studies, this course prepares participants to inspire team members, cultivate strengths, and drive personal and professional development within their organization.

## **Objective**

The Coaching at Work course aims to equip leaders with essential skills to effectively develop and empower their teams through coaching. Participants will learn principles such as providing constructive feedback, setting goals, and creating a supportive growth environment. The course focuses on inspiring team members, identifying strengths, and empowering individuals for personal and professional growth. Through practical exercises and case studies, participants will gain strategies to drive team development and enhance organizational success.

# Content

- Introduction to Coaching
- Fundamentals of Effective Coaching
- Providing Constructive Feedback
- Setting Goals and Action Plans
- Creating a Supportive Coaching Environment
- Inspiring and Motivating Teams
- Empowering Individuals for Growth
- Practical Application and Case Studies
- Conclusion and Action Planning

## **Prerequisite**

Working knowledge of English language (Read, Write, Speak)

### **Exam & Certification**

KHDA certificate is awarded upon successful completion of the course.

