

About

The "Know Your Potential" course helps participants discover and maximize their strengths through self-assessment tools, interactive exercises, and expert guidance. This course focuses on personal development, goal-setting, and leveraging strengths for enhanced success in personal and professional life.

Objective

The "Know Your Potential" course aims to help participants discover their strengths, identify areas for growth, and develop strategies for personal and professional success. Through self-assessment tools and interactive exercises, participants will enhance self-awareness, set meaningful goals, and learn to leverage their strengths effectively.

Content

- Introduction to Self-Discovery
- Self-Assessment Tools
- Exploring Personal Strengths
- Goal-Setting and Action Planning
- Leveraging Strengths
- Continuous Growth and Improvement
- Practical Exercises and Applications
- Personalized Development Plan

Prerequisite

- Working knowledge of English language (Read, Write, Speak)

Exam & Certification

- KHDA certificate is awarded upon successful completion of the course.